



Mama's Outpost

Mostly
**HEALTHY KID
LUNCHES**

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Apple Slices	Oranges	Oranges	Banana	Banana
Pudding	Apple sauce	Yogurt	Yogurt	Apple sauce
Bagel with Cream cheese	WOW Butter & Jelly	Pizza Bites	Chicken Noodle soup	Shreddies Cereal Milk
SunChips	Cheese String Fish Crackers	SunChips	Cheese String Fish Cracker	SunChips
Carrot Sticks	Cucumber Slices	Carrot Sticks	Cucumber Slices	Carrot Sticks
Mini Chocolate bar	Mini Chocolate bar	Oreo cookie mini	Oreo cookie mini	Mini Chocolate bar

